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CraftingJeannie.com
Easy and fun kids crafts with *templates*



Today I feel...

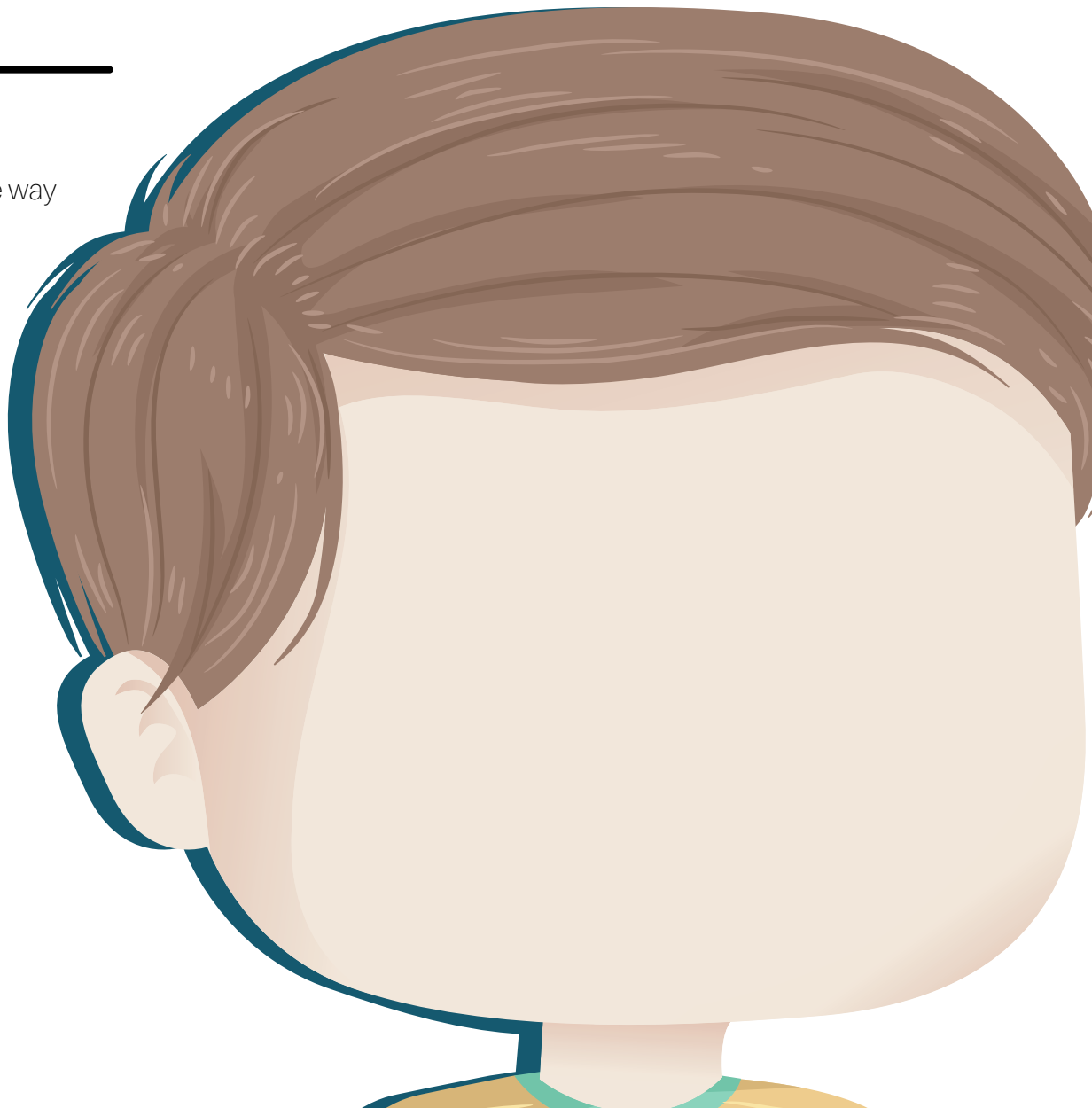
Circle the way you feel.

Happy Sad Angry Nervous Excited Tired
Worried Focused Confused Joyful
Confident Upset

Write a word to describe your feelings.

Today I am...

Draw a face showing the way
you feel today..



Today I feel...

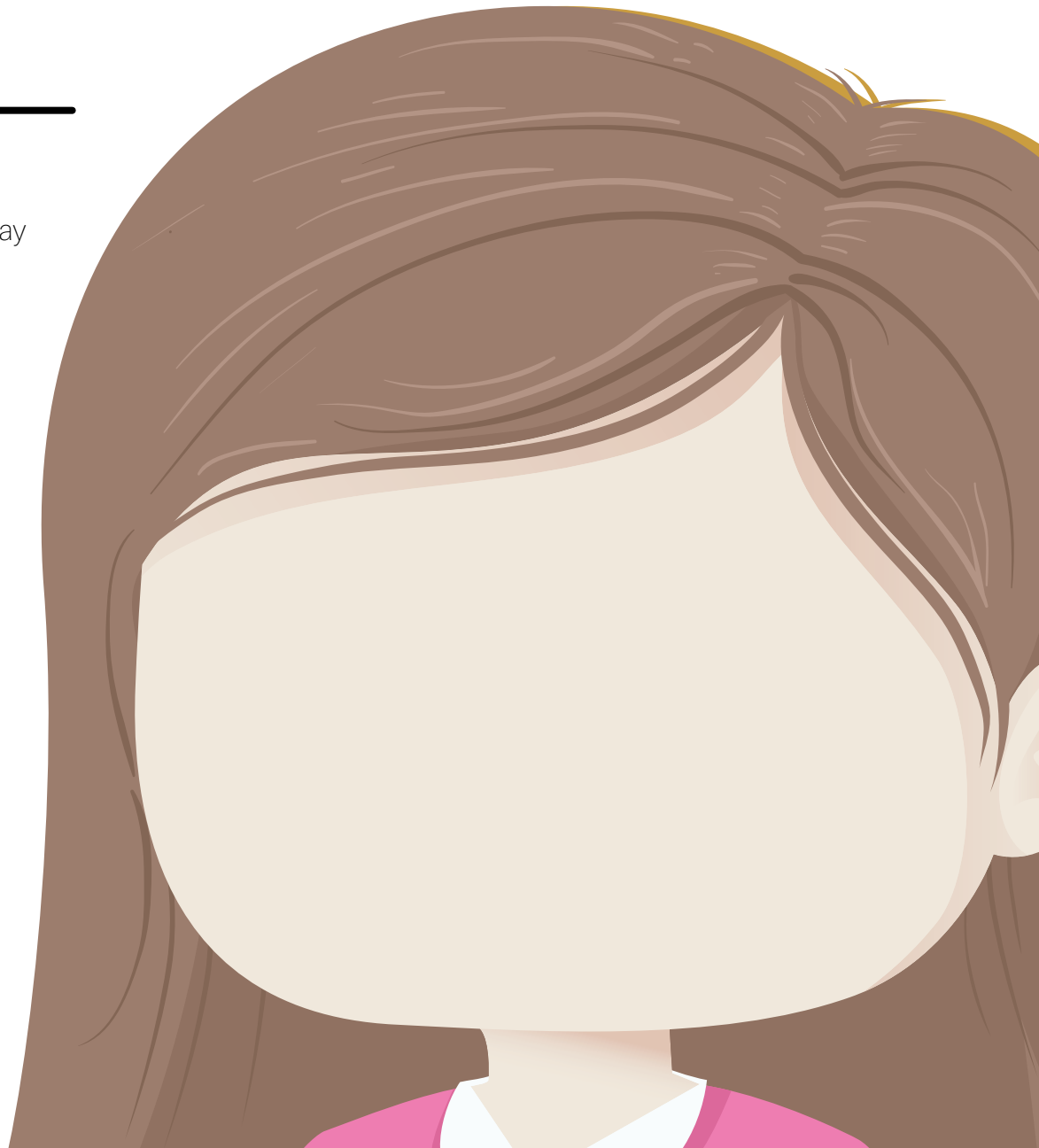
Circle the way you feel.

Happy Sad Angry Nervous Excited Tired
Worried Focused Confused Joyful
Confident Upset

Write a word to describe your feelings.

Today I am...

Draw a face showing the way
you feel today..



Today I feel...

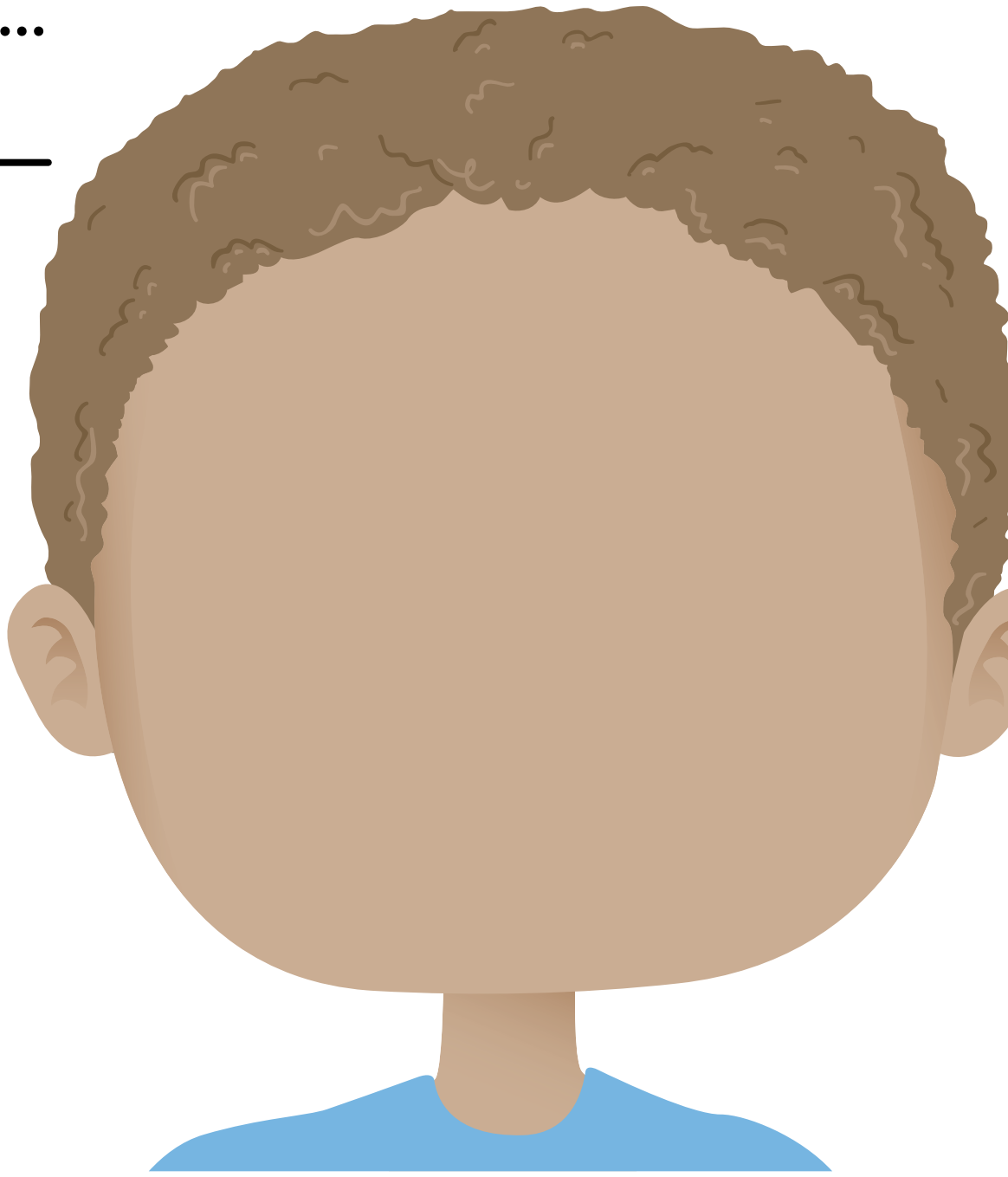
Circle the way you feel.

Happy Sad Angry Nervous Excited Tired
Worried Focused Confused Joyful
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Write a word to describe your feelings.

Today I am...

Draw a face showing the way
you feel today..



Today I feel...

Circle the way you feel.

Happy Sad Angry Nervous Excited Tired
Worried Focused Confused Joyful
Confident Upset

Write a word to describe your feelings.

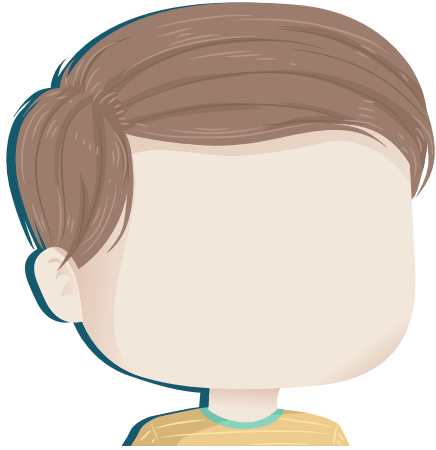
Today I am...

Draw a face showing the way
you feel today..



Name _____

Morning Check-In



How I feel about today:

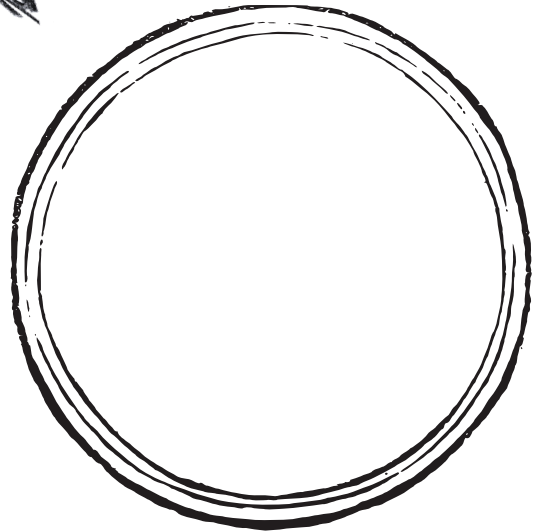
Happy Tired Hopeful Nervous
Focused Sad Frustrated Confident
Excited Angry Joyful Bored

Reason for my rating

○ ○ ○ ○ ○



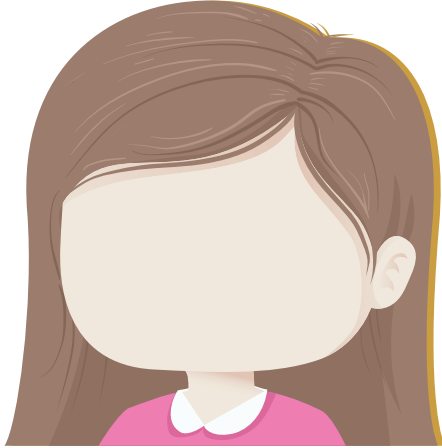
Goal for Today:



Something I am looking forward to today:

Name _____

Morning Check-In



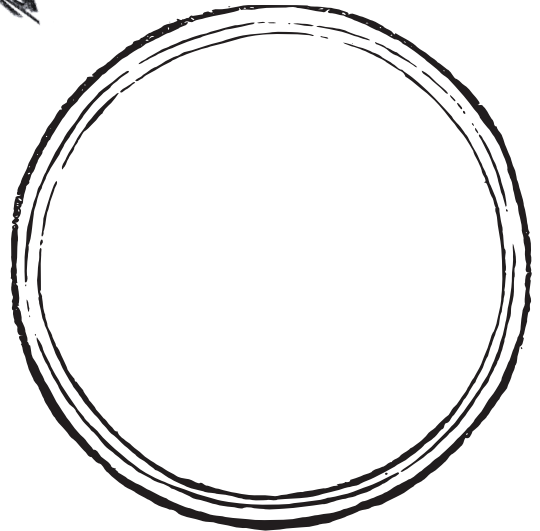
How I feel about today:

Happy Tired Hopeful Nervous
Focused Sad Frustrated Confident
Excited Angry Joyful Bored

Reason for my rating

A drawing of a notepad with five rings at the top and several horizontal lines for writing. The notepad is white with a light blue border and a small tab at the bottom right.

Goal for Today:

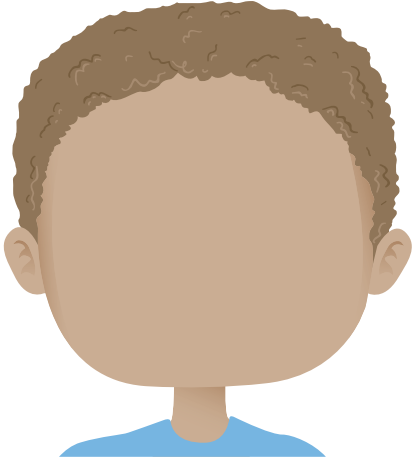


Something I am looking forward to today:

A large rectangular box with several horizontal lines for writing.

Name _____

Morning Check-In



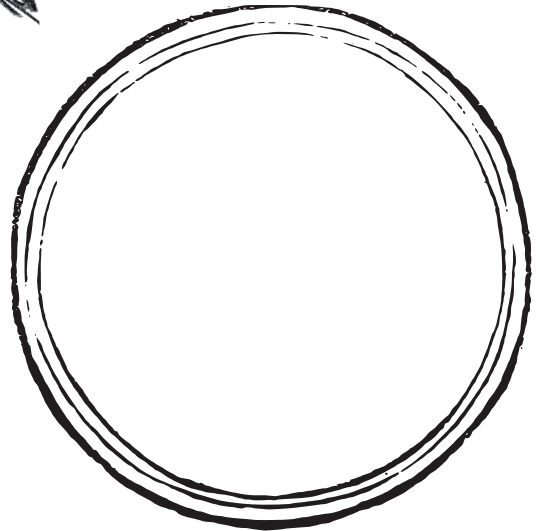
How I feel about today:

Happy Tired Hopeful Nervous
Focused Sad Frustrated Confident
Excited Angry Joyful Bored

Reason for my rating

A drawing of a notepad with five rings at the top and several horizontal lines for writing. The notepad is positioned to the left of the 'Goal for Today' section.

Goal for Today:

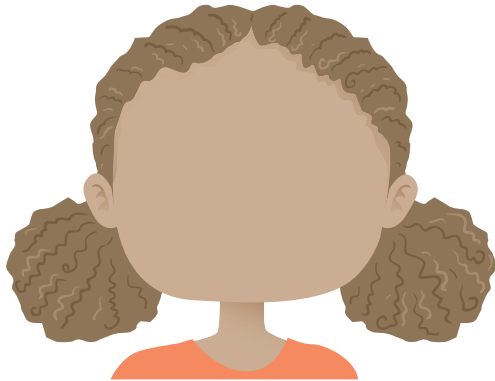


Something I am looking forward to today:

A large rectangular box with several horizontal lines for writing. The box is positioned at the bottom of the page, below the 'Something I am looking forward to today' section.

Name _____

Morning Check-In



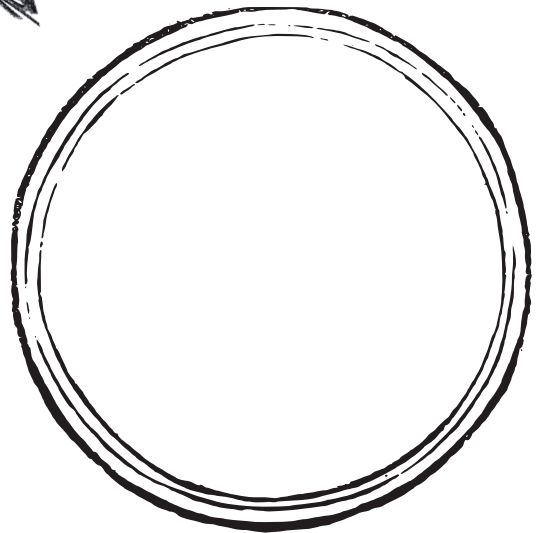
How I feel about today:

Happy Tired Hopeful Nervous
Focused Sad Frustrated Confident
Excited Angry Joyful Bored

Reason for my rating

A drawing of a notepad with five rings at the top and several horizontal lines for writing. The notepad is white with a light blue border and a small tab at the bottom right.

Goal for Today:



Something I am looking forward to today:

A large rectangular box with several horizontal lines for writing.